

“Another Day, Another Way”

Wednesday 7-8pm

Chairperson Script

Hello and welcome to the “Another Way, Another Day” meeting of Crystal Meth Anonymous. My name is _____ and I am an addict.

After a moment of silence for the addict that still suffers please join me in the Serenity Prayer.

God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.

Are there any other addict present?

Welcome, if you are seeking recovery, you are in the right place. Thank you for being here and celebrating your recovery with us.

Zoom Intro:

Before we begin, we want to acknowledge that this is not our usual format, and we ask for your patience and cooperation as we work out any issues that may arise by using this virtual platform.

To reassure everyone, this meeting will not be recorded.

At all times, please mute yourself, whether you are on video or joining us by phone, so that we may hear the readings and those who are speaking, rather than any background noise.

In keeping with our tradition of anonymity, we want to recognize that you may, if you desire, set your screen name with just your first name, or first name and last initial.

We hope that using this platform in this way will provide us a new opportunity to utilize technology in a healthy manner to support our recovery.

So as to ensure that others are not triggered we ask that if you are sharing your video, you be fully dressed, that what you are displaying is not triggering to others, and that if you must smoke or vape during the meeting that you do it off camera.

In light of the increased number of people participating in these meetings and the hope that all who want to share will be able to do so, we are instituting a three minute time limit, with a verbal announcement when one minute remains. _____ will be our timekeeper tonight.

In light of recent Zoom-Bombs the chair and co-chair of the meeting are the only people who can share the screen. We will display all readings on the screen.

I have asked _____ to read "What is CMA?"

If people could unmute themselves for the next portion.

So that we get to know you better if you are a newcomer please raise your hand on screen or mention it now on the phone. Are there any visitors at the meeting? Is anyone returning from a relapse?

Is there anyone counting days or celebrating an anniversary THIS WEEK.

I have asked _____ to read "The 12 Steps – A Plan of Action"

I have asked _____ to read "Are you a Tweeker?"

The format of this meeting is as follows:

The chairperson will introduce a topic for 5 minutes.

We will then go with open sharing until 7:55

We will then have a secretary Report

According to the 7th tradition - each group should be self-supporting. We have implemented a virtual basket and the link will be posted on your screen. We understand some may be under financial hardship, so please only give if you can. Remember you are more important to the fellowship than your money. If you have questions please ask in the chat

Introduce topic for 5 minutes

At end, remind people to please share by clicking on Participation and clicking Raise Hand feature.

Call for burning desire if people have not shared at 7:50

Please introduce Secretary at 7:55

I have asked _____ to read "I Can Stay Sober"

(Close with Group Prayer)